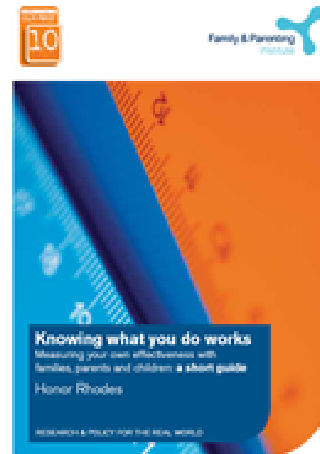


Knowing how good you are at what you do and why it matters more than ever

Honor Rhodes
Director of Strategic Development and Projects
Tavistock Centre for Couple Relationships
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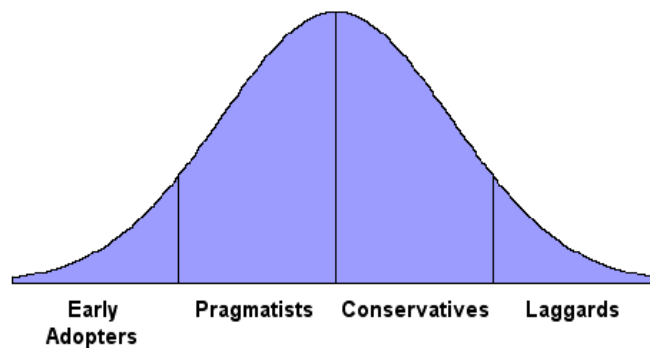
Measuring things

- Why?
- What?
- How?
- When?
- Where?
- With what?
- Research to guide us, two things....
- Co-parental relationship quality matters



<http://www.familyandparenting.org/NR/exeres/5954988A-3A67-4A23-B86E-2AB807D5B242>

What do you remember about bell curves?



The population, its age, its intelligence, its beauty, its problems and issues are spread across a bell curve, like this one that is measuring enthusiasm...where are you on the measuring curve?

Defining our terms and being honest

- Measuring
- Monitoring
- Outputs, outcomes and evaluation
- Service user feedback
- Evidence based practice and practice based evidence
- Doing no harm
- Better than chance?



Strengths and Difficulties Questionnaire

For each item, please mark the box for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you are not absolutely certain or the item seems daft! Please give your answers on the basis of how things have been for you over the last six months.

Your Name

Male/Female

Date of Birth.....

	Not True	Somewhat True	Certainly True
I try to be nice to other people. I care about their feelings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am restless. I cannot stay still for long	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I get a lot of headaches, stomach-aches or sickness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I usually share with others (food, games, pens etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I get very angry and often lose my temper	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<http://www.sdqinfo.com/questionnaires/english/c3.pdf>

Or just google Goodman SDQ

What next in a cold financial climate?

- Do (more) measuring
- Cleverly
- Persuade your **WHOLE** agency to do it too
- Gather the data and report on it
- Make it 'currency', you will be able to show how very good you are and why your service must be funded
- Be an even more reflective, evidence based and, simply, a better practitioner
- This matters now more than ever as more families need our effective, intelligent, respectful and good hearted help and support for change

